



# BOULDERS LODGE & Spa



Spa MENU

## Massages

COUPLE'S MASSAGE	30min R250
DEEP TISSUE MASSAGE	30min R300    60min R450
RELAXING MASSAGE	30min R300    60min R450
HOT STONE MASSAGE	60min R650
HEAD MASSAGE	30min R300
LEG & FOOT MASSAGE	30min R300
REFLEXOLOGY - leg & foot	30min R300

## Homeopathic Massages

HOMEOPATHIC MASSAGE	45min R450
better day - insecurities, concentration, etc	
NEEDS ENERGY MASSAGE	45min R450
SPORTS MUSCLE MASSAGE	60min R650
BETTER SLEEP MASSAGE	45min R450
helps with insomnia	
MENOPAUSE HORMONE BALANCER	45min R450
9 POINT BODY FAT MEASURE	30min R250
30min consultation	

## Holistic Massages

HOLISTIC MASSAGE	30min R250
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## Cupping

Aids with spasms, poor blood circulation & healing method	
CUPPING	30min R300
CUPPING	45min R450

## Justine Body Scrub

BODY MASSAGE WITH BODY BUTTER	60min R650
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## Package

12 x 60minute sessions  
@ ONLY  
R2660 up front

## Spa Info

BOOKINGS can be made with Hannelize  
subject to availability  
OPERATING HOURS  
Mo - Vr 07:30 - 19:30  
Sa 07:00 - 12:00  
Closed on Sundays  
Treatment times include consultation and dressing times  
Late arrivals - treatment times will be reduced

## Spa Vouchers

Spa vouchers are available to purchase as a gift  
Valid 3 months